



Mrs. Carol "Fredia" Mitchell Grant Knight

May 14, 1955 - August 9, 2023

"I have fought the good fight, I have finished the race, I have kept the faith.

Now there

is in store for me the crown of righteousness, which the Lord, the righteous Judge, will

award to me on that day - and not only to me but also to all who have longed for his

appearing." 2 Timothy 4:7-8

Carol Mitchell Knight was born Carol Alfredia Mitchell to the late Mr. Alvin White

and Ms. Evelena Mitchell Jamison on May 14, 1955, in Berkely County, South Carolina. Her young life was nurtured by her uncle Mr. Joe Jenkins and her aunt

Mrs. Anabelle Jenkins.

Carol's family and hometown friends know her best and call her Fredia.

Carol was faithful to God. She grew up attending Bethlehem Reformed Episcopal

Church in Moncks Corner, South Carolina before joining Williams Chapel Church in

Spring Lake, North Carolina in 1978. She served on the Missionary Board and on

the Usher Board.

She graduated from Berkeley High in 1973 before marrying Mr. Jimmy Grant

in

1974. The young couple celebrated the birth of 2 children, Kandra Grant (1976) and

Jamyle Grant (1981).

Carol graduated from Campbell University, Buies Creek, North Carolina with an

Associate Degree and a Bachelor of Science Degree in Business Administration in

1982 and 1993, respectively.

In 1978, Carol began her civil service career at Ft. Bragg, North Carolina with the

U.S. Department of Defense. She retired after 44 years of dedicated and honorable

service on July 31, 2020, as a Contract Specialist. During those years, she established

and has enjoyed many friendships that have lasted over decades.

Moments in Carol's Life

Continued Weep Not For Me

By an Unknown Author

Weep not for me though I have gone

Into that gentle night

Grieve if you will, but not for long

Upon my soul's sweet flight

I am at peace, my soul's at rest

There is no need for tears

For with your love I was so blessed

For all those many years

There is no pain, I suffer not

The fear is now all gone

Put now these things out of your thoughts

In your memory I live on

Remember not my fight for breath

Remember not the strife

Please do not dwell upon my death

But celebrate my life

Reflections of a Life Lived

Carol found love again and joined a union with Mr. Robert M. Knight on
November 1

Previous Events

Viewing

AUG 16. 3:00 PM - 7:00 PM (ET)

Colvin Funeral Home Chapel
2010 Murchison Road
Fayetteville, NC 28301

Funeral

AUG 18. 11:00 AM (ET)

Williams Chapel
1230 N. Bragg Blvd.
Spring Lake, NC 28370

Burial

AUG 19. 11:00 AM (ET)

Bethlehem Re Church
1731 Old Highway 52
Moncks Corner, SC 29461

Tribute Wall



“ *Colvin Funeral Homes & Cremations created a Tribute Video in memory of Mrs. Carol "Fredia" Mitchell Grant Knight*



H. M. Colvin Funeral Home - August 14, 2023 at 05:28 PM

LT

What I will remember the most about my dear sister is how contagious her smile was. I will forever be grateful for our time. Farewell my sister. You will be missed but not forgotten.

Lenora Thompson - August 14, 2023 at 09:40 PM

GD

Thank you for always being there for me I could have not ask for a better Friend. You will always be in my heart Friends forever ❤️ Love you to the moon and back and then some Geneva Dunn

Geneva Dunn - August 14, 2023 at 10:11 PM

GH

Beautiful video that captured her lovely smile and joyful spirit. Thank you.

Gloria Harris - August 14, 2023 at 10:57 PM

KG

I love this video. Thank you for putting it together. My mom was everything and had a great life. I was blessed to be in it.

Kandra S Grant - August 14, 2023 at 11:53 PM

JJ

Carol will be greatly missed. Her beautiful smile and sweet spirit was a blessing to many. Praying that her family find comfort in knowing she is resting in heaven with Jesus. Lean on Jesus for the peace that surpasses your understanding.

Janie Mack James - August 15, 2023 at 09:34 AM

MS

Thank you for always sharing God love and prayers. Such A beautiful smile always. you will always be remembered. Sincere Sympathy.

Marie Smith - August 15, 2023 at 08:51 PM

DB

Carol I will always remember your beautiful smile. Praying for your family. May God Bless you.

Diana Burns - August 16, 2023 at 03:16 PM

BL

Carol was a dedicated usher and friend to many whom she met and served with during her years at Williams Chapel Church.

Brenda Long - August 16, 2023 at 11:44 PM

FD

THIS IS ABSOLUTELY BEAUTIFUL! ❤️

Frankicha Dunn-Ball - August 17, 2023 at 05:49 PM

BE

Carol was a beautiful person whose smile lit up the room. She will be missed by everyone that knew her. May the Lord bless and comfort her family.

Barbara Ellerbe - August 18, 2023 at 06:29 PM



I'll always remember Freida's laugh and smile. She's been a constant in my life since I was 2 years old. Trip to Fayetteville will be different now. I'll miss you Fredia! Love you always!

LaToya VanDyke - August 20, 2023 at 04:13 PM

AK

“ I will always remember Carol's sweet smile and spirit of kindness while serving and fellowship (in body of Christ), mentoring and encouraging in faith and job/career & other personal aspirations. Carol, will be missed.



Family--- know this, Those we have held in our arms for a little while, we hold in our hearts forever.

Amie Kendrick-Conner, Patrick SFB, FL

Amie Kendrick-Conner - August 18, 2023 at 06:21 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Mrs. Carol "Fredia" Mitchell Grant Knight.

August 18, 2023 at 08:36 AM

LM

“ My family and I were blessed to be loved by you. We thank God for all the hugs, laughter, smiles, late night conversations, tears, but most importantly the unconditional love you showed us. You not being here in the physical is a hard pill to swallow but I know you're in heaven because you were an Angel on Earth. Rest in Love Mama Carol ❤️



Leletha Marshall - August 17, 2023 at 09:33 PM

LM

“ My family and I were blessed to know and love you. The pain of you not being in the physicals cuts deep. We thank God for the time he allowed us to love one another. Thank him for the hugs, the smiles, the late night conversations, the support, the laughs, the tears, but most importantly the unconditional love. Rest in Heaven dear Mama Carol. Love Leletha and Family ❤️



Leletha Marshall - August 17, 2023 at 09:21 PM

ZB

“ Zendré Bell lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



Zendré Bell - August 17, 2023 at 09:18 PM

EM

“ EDITHE B MCLEAN lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



EDITHE B MCLEAN - August 17, 2023 at 06:15 PM



“ *Magnificent Life Spray was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.*



August 17, 2023 at 10:54 AM



“ *Brenda Long lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight*



Brenda Long - August 16, 2023 at 11:34 PM



“ *Carolyn Jones Birts lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight*



Carolyn Jones Birts - August 16, 2023 at 08:55 PM



“ *Kandra and family, we are so sorry to hear about the loss of your mother "Carol". Thinking of you and wishing you moments of peace and comfort as you remember your wonderful mother life.*



Johnnie & Beverlyn Jones - August 16, 2023 at 09:07 AM

GH

“ Gloria Harris lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



Gloria Harris - August 16, 2023 at 07:16 AM

HW

“ Hugh & Helena Williams lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



Hugh & Helena Williams - August 15, 2023 at 07:48 PM



“ Peaceful White Lilies Basket was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.



August 15, 2023 at 03:13 PM

DD

“ Dora Davis lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



Dora Davis - August 15, 2023 at 11:06 AM

MA

“ Mamie Anderson lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



Mamie Anderson - August 15, 2023 at 01:28 AM



“ Peaceful White Lilies Basket was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.



August 14, 2023 at 11:37 PM



“ Lavender Reflections Spray was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.



August 14, 2023 at 10:52 PM

IR

“ India Rives lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



India Rives - August 14, 2023 at 08:50 PM

KA

“ *Kandra purchased the Red Rose Reverence Casket Spray for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.*



Kandra - August 14, 2023 at 08:05 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.*



August 14, 2023 at 07:15 PM

AK

“ *To the family, my deepest condolences on the loss of a wonderful woman. May God give you strength during this time. "Although it's difficult today to see beyond the sorrow, may looking back in memory help comfort you tomorrow."*



Angela Kearney, Former MICC Family

Angela Kearney - August 14, 2023 at 06:18 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.*



August 14, 2023 at 02:41 PM

BP

“ Betty J Parker lit a candle in memory of Mrs. Carol "Fredia" Mitchell Grant Knight



Betty J Parker - August 14, 2023 at 12:36 PM



“ Emerald Garden Basket was purchased for the family of Mrs. Carol "Fredia" Mitchell Grant Knight.



August 14, 2023 at 09:02 AM

PK

“ Carol was such a Beautiful Caring Woman. So Kind to Everyone. We are Praying for you Kandra and the Family. 🙏
Mother Pamela King
Rev Robert King



Pamela and Robert King - August 14, 2023 at 08:39 AM

GB

“ To the family Carol will be missed dearly by all who met her she was always kind and helpful , RIP SISTER we will see you in the morning ,

Ms Gemma Browne & Family . 🙏🙏🙏🙏❤️

Gemma Browne - August 13, 2023 at 10:45 PM

LR

“ Finding the right words are not easy as our heart are heavy. We know God doesn't make mistakes even when we don't understand. Heaven had truly gained an angel. We love you all and pray for your comfort, strength, and peace.



Lillie & Pam Ray - August 13, 2023 at 10:03 PM

DM

“ My condolences and prayers are with you and your family during this difficult time of Carol's passing . May God continue to give you the strength and peace that only He can.

David & Joyce Mallety - August 13, 2023 at 12:59 PM

LB

“ Love, Diana Burns planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mrs. Carol "Fredia" Mitchell Grant Knight.

Love, Diana Burns - August 13, 2023 at 12:47 PM

+S

“ My condolences to the family

+Bishop A. L. McMillian, Sr - August 12, 2023 at 09:52 PM

MH

“ So sorry to hear about Carol's death. I worked with her several years at Fort Bragg and what a beautiful lady she was. Sending thoughts and prayers to her family.

Mabel Hall - August 12, 2023 at 02:48 PM

TR

“ I am so sorry for your loss. My sincere condolences and prayers are with the family during this difficult time.



Tisher Raye - August 12, 2023 at 10:08 AM

LH

“ Carol, a wonderful person, mentor and friend. You couldn't pronounce my name, so I became your "T": innocent: you will be missed on earth, but you are rejoicing in heaven. May God be with your family, son and daughter during this time. Love, your T ❤️

Letizia Hemphill - August 11, 2023 at 07:11 PM